



**THE PSYCHOLOGICAL & STRESS
MANAGEMENT, P.C
HISPANIC FAMILY MENTAL HEALTH CENTER**

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DR. JAIME H. CÁRCAMO, PSY.D, PRESIDENT/DIRECTOR

CURRICULUM VITAE

BIOGRAPHICAL DATA

Place of Birth: El Salvador, Central America

Citizenship: U.S. Citizen

Languages: Spanish and English

ACADEMIC TRAINING

Psy.D. Clinical Psychology –1998

Ferkauf Graduate School of Psychology

Yeshiva University

M.A. Psychology – 1995

Ferkauf Graduate School of Psychology

Yeshiva University

B.A. Psychology – 1989

Baruch College

City University of New York

CLINICAL INTERNSHIP

9/1997 - 9/1998

New York State Office of Mental Health

Creedmoor Psychiatric Center

Queens Village, NY

CLINICAL EXTERNSHIPS

09/1994 – 05/1995 Psychology Extern
Bellevue Hospital Center
New York University
Externship Program
New York, NY

09/1993 – 05/1994 Psychology Extern
Department of Psychology
The New York Hospital
Cornell Medical Center
Westchester, NY

DISSERTATION

Cárcamo, J.H. (1998). The Effect of Multicultural Curricula on Psychology Graduate Students. Unpublished Doctoral Dissertation. Ferkauf Graduate School of Psychology, Yeshiva University.

POST-DOCTORATE

09/1998 - 09/1999 The Joseph L. Mailman School of Public Health
Columbia University
New York, NY

LICENSE

Psychologist, New York State
The University of the State of New York
Education Department

CERTIFICATIONS

- NYS Workers' Compensation Board
Authorized Provider

DEPOSITIONS/TRIALS

Numerous depositions/trials for immigration, forensic and Workers' Compensation cases

PROFESSIONAL AFFILIATIONS/MEMBERSHIP

- American Psychological Association (APA)
- New York State Psychological Association
- The International Society for Traumatic Stress Studies (ISTSS)

HONORS AND AWARDS

1992 – 1998 Scholar
The National Hispanic Scholarship Fund

PROFESSIONAL EXPERIENCE

- 1/2001 – Present President/Director
The Psychological & Stress Management, P.C.
The Hispanic Family Mental Health Center
- Specializing in the Anxiety, Mood, and Traumatic Stress Disorders (e.g., PTSD, Traumatic Grief)
 - Treatment/Evaluation of 9/11/01 or Terrorist-Related Trauma Syndromes
 - Immigration Evaluations: Hardship Waivers (I601A), Cancellation of Removal, VAWA, Asylum
 - Forensic Evaluations
 - Psychological Assessment and Evaluations (children and adults)
 - Clinical Supervisor for graduate students and mental health providers in private and NYC operated outpatient treatment programs
- 11/2011-Present Clinical Psychologist -Volunteer
Human Rights Clinic, NYC
(Formerly - Doctors of The World-USA)
- 07/01/2011-Present Adjunct Professor
Department of Environmental Medicine and Public Health
Icahn School of Medicine at Mount Sinai, NYC
- 07/2012—05/2014 Consultant: Combined Mirtazapine and Sertraline Treatment of PTSD
Research Foundation for Mental Health
New York State Psychiatric Institute (NYSPI)
Anxiety Disorders Clinic
Columbia University, NYC
- 01/2002 – 06/2006 Instructor in Clinical Psychology
College of Physicians and Surgeons
Department of Psychiatry
Columbia University, NYC
- 05/1999 – 04/2004 Research Scientist II
Research Foundation for Mental Health
New York State Psychiatric Institute (NYSPI)
Anxiety Disorders Clinic
Columbia University, NYC

10/1998 – 2/2001 Psychologist
Bio-Behavioral Psychological Consulting, P.C.
New York, NY

03/1998 – 08/1998 Attending Psychologist-Substance Abuse
The New York State Psychiatric Institute (NYSPI)
Columbia Presbyterian Medical Center - Cognitive Behavior
Therapy/Relapse Prevention
Columbia University
New York, NY

10/1996 – 09/1997 Alcohol/Substance Abuse Psychotherapist
Greenwich House, Inc.,
Alcohol and Substance Abuse Treatment Program
New York, NY

08/1995 – 10/1996 Psychologist (Masters' Level)
The Center for Family Support, Inc.
New York, NY

09/1995 – 05/1996 Teaching Assistant/Psychopathology
Ferkau Graduate School of Psychology,
Yeshiva University
Bronx, NY

10/1992 – 06/1995 Research Assistant/Clinical Interviewer
Department of Psychiatry/Behavioral Therapy Program
Albert Einstein College of Medicine
Yeshiva University
Bronx, NY

09/1994 – 05/1995 Teaching Assistant/Psychological Assessment
Ferkau Graduate School of Psychology
Yeshiva University
Bronx, NY

01/1992 – 08/1992 Addictions Counselor
Jones Falls Counseling Center
Baltimore, MD

12/1991 – 03/1992 Graduate Research/Teaching Assistant
Office of the President
Towson State University
Towson, MD

- 06/1989 – 08/1990 Research Assistant
 Hispanic Research Center
 Fordham University, Rose Hill Campus
 Bronx, New York
- 08/1987 – 06/1989 Substance Abuse Counselor
 Richard Koeppel M.D
 Methadone Maintenance Treatment Program.
 New York, NY
- 09/1988 – 03/1989 Research Assistant
 The Center for Human Environments, Environmental Psychology
 Program of the Graduate School and University Center of the City
 University of New York
 New York, NY

JOURNAL ARTICLES

- Schneier, F.R., Campeas, R., Cárcamo, J.H., Glass, A., Fernandez, R.L., Neria, Y., Sanchez-Lacay, A., Vermes, D., Wall, M. M. Combined Mirtazapine and SRRI Treatment of PTSD: A Placebo-Controlled Trial: Depression and Anxiety. 0:1-10 (2015)
- Marshall, R.D., Cárcamo, J.H., Blanco, C., Liebowitz, M. Trauma-Focused Psychotherapy After a Trial of Medication for Chronic PTSD: Pilot Observations. American Journal of Psychotherapy. 2003; 57(3): 374-383.
- Cárcamo, J.H., Sanchez-Lacay, A, Lewis-Fernandez, R. The psychological impact of the terrorist attacks of September 11, 2001: Posttraumatic Stress and the healing of a traumatized city. Revista Chilena de Neuro-Psiquiatría. 2002; 40:86-96.
- Cárcamo, J.H., Lewis-Fernandez, R., Marshall, R.D. Posttraumatic Stress Disorder: A case presentation. The Economics of Neuroscience. 2001; 3(10): 46-48.

PROFESSIONAL AND MEDIA PRESENTATIONS

- Cárcamo, J H. (October 20, 2017). Screening for and Diagnosing Psychological Disorders in the World Trade Center (WTC) Cohorts: Department of Environmental Medicine and Public Health: Seminar Series: Icahn School of Medicine at Mount Sinai
- Cárcamo, J H. (April 20, 2017): Immigration Forum: Psychological perspectives in the mental health of undocumented Latinos in New York City. Jewish Center of Jackson Heights.
- Cárcamo, J H. (June 10, 2011). Motivational Interviewing in the Treatment of Psychological Disorders: Department of Preventive Medicine: WTC Monitoring and Treatment Program Clinical Seminar Series, Mount Sinai School of Medicine

- Cárcamo, J H. (February 18, 2011). Major Types of the Anxiety Disorders and Anxiety Spectrum Disorders: Department of Preventive Medicine: WTC Monitoring and Treatment Program Clinical Seminar Series, Mount Sinai School of Medicine
- Cárcamo, J H. (December 2, 2008). Telemundo, Spanish channel 47. "Holiday Blues". Causes and treatment.
- Cárcamo, J H. (January 24, 2008). Health Impacts and Medical Benefits Training. New York State Interfaith Services.
- Cárcamo, J H. (July 7, 2006). New Advances In PTSD Treatment using Cognitive Behavior Techniques: IV Congreso Venezolano de Neuropsicofarmacología, Porlamar, Venezuela.
- Cárcamo, J H. (July 7, 2006). Posttraumatic Stress Disorder, Vulnerability, and Evidence Based Treatments, including Psychosocial and Pharmacological Treatments: IV Congreso Venezolano de Neuropsicofarmacología, Porlamar, Venezuela.
- Cárcamo, J H. (July 7, 2006). Acute Stress Disorder and Posttraumatic Stress Disorder, Two Different Clinical Entities?: IV Congreso Venezolano de Neuropsicofarmacología, Porlamar, Venezuela.
- Cárcamo, J H. (June 29, 2006). Telemundo, Spanish channel 47. The Impact of the Media and Tobacco Smoking on People with Tobacco Dependence.
- Eun-jung Suh, Marshall, Randall, Neria, Yuval, Amsel, Larry, Carcamo, Jaime (Nov 9, 2005). Responds to the WTC Attack: Treatment Guidelines and Training Programs: Concurrent Sessions, International Society of Traumatic Stress Studies (ISTSS).
- Amsel, Larry, Eun-Jung Suh, Marshall, Randall, Neria, Yuval, Carcamo, Jaime (Nov 9, 2005). Evaluation of Training Workshops for Effective Trauma Treatment: Concurrent Sessions, International Society of Traumatic Stress Studies (ISTSS).
- Cárcamo, J H. (June 21, 2005). Dialogo de Costa A Costa, Spanish educational channel: What is Post Traumatic Stress Disorder?
- Cárcamo, J H. (May 18, 2005). Dialogo de Costa A Costa, Spanish educational channel: The Traumas of Moving or Emigrating.
- Cárcamo, J H. (November 6, 2004). Primera Jornada de la Unidad de Psicotrauma: Trauma and Posttraumatic Stress Disorder: Valencia, Venezuela.
- Cárcamo, J H. (September 10, 2003). Telemundo, Spanish channel 47. The Psychological Impact of the Iraq War and Adaptation of Soldiers Two years after the Terrorist Attacks of September 11, 2001.
- Cárcamo, J H. (September 10, 2003). Telemundo, Spanish channel 47. Two years after the Terrorist Attacks of September 11, 2001.
- Cárcamo, J H, Blanco, C., Simpson, B., Garcia, W., Shu-Hsing Lin., Marshall, R. (Aug., 2003). Poster Presentation: Comorbidity and Personality Disorders in PTSD Differ by Type of Trauma, International Society of Traumatic Stress Studies (ISTSS).
- Cárcamo, J H. (May 3, 2003). Treatment of PTSD using Cognitive Behavior Therapy (CBT) techniques. Presented at the Argentine American Medical Congress, New York.
- Cárcamo, J H. (December 20, 2002). Stress-related problems after the terrorist attacks of September 11, 2001 on the New York City population. Korean Broadcasting Television.

- Cárcamo, J H. (November 21, 2002). Univision, Spanish channel 41. Psychological and Alternative Treatments to Smoking.
- Cárcamo, J H., Batista, M. (October 18, 2002). Rebuilding Our Community Post September 11, 2001. Presented at the Mailman School of Public Health, Columbia University, New York.
- Cárcamo, J H. (September 15, 2002). Street Talk. Channel 5 Fox News. Treatment and Clinical Resources for World Trade Center Survivors (WTC-S).
- Cárcamo, J H., Neria, Y., Vermes, D. (September 13, 20, 27, 2002). Cognitive Behavior Therapy for Terrorist Related Posttraumatic Stress Disorder (PTSD). Workshop presented at the Mental Health Association of Westchester, New York.
- Cárcamo, J H. (September 11, 2002). German TV Productions. The one-year anniversary after the terrorist attacks of September 11, 2001. Treatment of Chronic PTSD in New York City Residents.
- Cárcamo, J H. (September 10, 2002). Good Day New York, Channel 5 Fox News. One-year anniversary after the World Trade Center Disaster of September 11, 2001. Chronic PTSD in World Trade Center Survivors.
- Cárcamo, J. H. Goyzueta, F. (September 9, 2002). "Un año después de los ataques terroristas." Hispanic Health Education Program: Broadcast by Latin Television, Time Warner. New York, NY.
- Cárcamo, J H. (August 27, 2002). Telemundo, Spanish channel 47. Amnesia after the terrorist Attacks of September 11, 2001.
- Cárcamo, J H. (May 2002). Telemundo, Spanish channel 47. Sexual abuse in the Catholic Church.
- Cárcamo, J H. (April 17, 2002). Telefuturo (Univision), Spanish channel. Postpartum Depression: Diagnosis and Treatment.
- Cárcamo, J H. (March 11, 2002). CBS, Channel 2 News. Six Months After 9/11. Persistent Trauma After The World Trade Center Disaster.
- Cárcamo, J H., Rabbi Joy Levitt, Imam Feisal Abdulrauf & Jeremy Gerard (March 04, 2002). WNYC, 93.9 FM/AM 820. On the Line Hosted by Brian Lehrer. Live Taping from the Jewish Community Center (JCC). Six Months After 9/11: Rebuilding Our City, Rebuilding Ourselves.
- Cárcamo, J H. (March 05, 2002). NBC, Channel 4 News. Trauma's Second Wave After September 11, 2000.
- Cárcamo, J H., Koenen, K. (November 1, 2001). Brief Recovery Program for Trauma Survivors. Presented at the Coalition of Voluntary Mental Health Agencies, Inc., New York City.
- Cárcamo, J. H. Goyzueta, F. (October 29, 2001). "Posttraumatic Stress Disorder." Hispanic Health Education Program: Broadcast by Latin Television, Time Warner. New York, NY.
- Cárcamo, J H., Koenen, K. (October 24, 2001). Cognitive Behavior Therapy for Acute Stress Disorder to Prevent PTSD. Presented at the New York State Psychiatric Institute, Columbia University, NY.
- Cárcamo, J H. (October 17, 2001). Cognitive Behavior Treatment of Acute Stress Reactions Presented at the County of Orange, Department of mental Health, NY.
- Marshall, R., Cárcamo, J H., Koenen, K. (September 23 & 25, 2001). Cognitive Behavior Therapy for Acute Stress Disorder to Prevent PTSD. Presented at the New York

- State Psychiatric Institute , Columbia University, NY.
- Cárcamo, J H. (September 12, 2001). Channel 5 Fox News. Normal Reactions to Acute Stress and Coping Strategies after the World Trade Center Disaster of September 11, 2001.
- Cárcamo, J. H., Blanco, C., Simpson, B., Garcia, W., Shu-Hsing Lin, & Marshall, R. (May 9, 2001). Comorbidity and Personality Disorders Differ by Type of Trauma. Poster presented at the American Psychiatric Association (APA) 154th Annual Meeting, New Orleans, L.A.
- Goyzueta F., Cárcamo, J. H. (November 20, 2000). "Taking care of Your Health" Hispanic Health Education Program: Broadcast by Latin Television, Time Warner. New York, NY.
- Cárcamo, J. H. (March 25, 2000). Assessment and Treatment of Anxiety and Mood Disorders. Presented at the Latino Pastoral Action Center (LPAC). Bronx, NY.
- Brice-Baker, J. & Cárcamo, J. H. (June 5, 1997). Cultural Diversity in Alcohol and Substance Abuse Programs. Seminar on Multiculturalism. Presented at Greenwich House, Alcohol and Parole Treatment Program. New York, NY.
- Cárcamo, J. H. & Milstein, G. (April 17, 1995). Cultural Issues in Clinical Work. Seminar on culture and cultural sensitivity. Presented at Bellevue Medical Center (Externship Program). New York, NY.
- Cárcamo, J. H. (1994). Psychological assessment with the culturally different and non-English native speakers. Paper presented at the Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY.
- Cárcamo, J. H. (1991). Aspects to be considered in working with Latinos. Paper presented at Towson State University, Towson, MD.

SPECIAL TRAINING

- The Harvard Medical School Department of Continuing Medical Education: 12-8-16 to 12-10-16. Lifestyle Medicine: Tool for Promoting Healthy Change: Transforming our Patients and Ourselves.
- Health Right International: Human Rights Clinic Training: Physical and Mental Health Evaluation of Survivors of Torture Seeking Asylum and Other Immigration Reliefs: 11/12/2011, New York City.

- The page and William Black Post-Graduate School: Mount Sinai School of Medicine. *Advances in Psychiatry 2007: Breakthrough Developments in Psychiatry Treatments*.
- Columbia University and the New York State Psychiatric Institute in Collaboration with The University of Pennsylvania: Cognitive Behavior Therapy (Prolonged Exposure) in the Treatment of Post Traumatic Stress Disorder (PTSD) and Exposure and Response Prevention (EX/RP) in Obsessive Compulsive Disorder (OCD).
- State University of New York, Stony Brook, School of Social Welfare. Successfully completed the Provider Institute Addiction Training and Technology (40 hours of Continuing Substance Abuse Training).
- Staff training programs from the Center for Family Support, Inc. (e.g., positive approaches to behavior change with developmentally disabled populations; Strategies for Crisis Intervention and Prevention [SCIP]; First AID & CPR).
- Computer literate.

REFERENCES

Available Upon Request